

**20<sup>th</sup> April 2018 (WORKSHOP)**

**Coordinator,**

Mrs. Nukshijungla Aier, MSc (N)

Deputy Nursing Superintendent

Time	Activity
8-8.30 AM	Devotion
8.30- 9.00 AM	Pretest
9.00 – 10.00 AM	<b>Resuscitation of newborn</b> Mrs. Ellen Benjamin Deputy Director Nursing, Head of Neonatology Nursing & OBG Nursing, Christian Medical College, Vellore.
10.00 - 10.15AM	Tea break
10.15-11.15 AM	<b>Examination of newborn</b> Dr. Jewel John, MD(Paed) Consultant, Pediatric Department, CIHSR
11.15-12.30	Skill session I
12.30-1.30 AM	Lunch Break
1.30-3 PM	Skill session II
3- 3.30 Pm	Post Test
3.30-4 pm	Valedictory Function



### Patrons

Dr. Mrs. Christy Simpson

Principal

College of Nursing, CIHSR

Mrs. Bendangmenla Ao

Nursing Superintendent

CIHSR

### Workshop convener

Mrs. Lalthanzami(8132916883)

Email: mathanifanai@gmail.com

### Contact

#### Registration

Mrs. Worlanso A Shimray (8974508773)

Email: worlansoshimray@gmail.com

#### Accommodation

Ms. C. Lotus Kikon(8119076346)

Email: clkikon@gmail.com



Christian Institute of Health  
Sciences and Research,  
Dimapur

## College of Nursing & Nursing Service

Organize

## NORTH EAST REGIONAL SEMINAR CUM WORKSHOP

ON

## ESSENTIAL NEWBORN CARE



**Venue:** College of Nursing,  
Christian Institute of Health Sciences  
& Research, Dimapur, Nagaland

**Date:** 19<sup>th</sup> & 20<sup>th</sup> April, 2018.

## About College of Nursing, CIHSR

College of Nursing, CIHSR was started in the year 2011 to cater to the training needs for professional nurses. It is the first and only nursing college in the state of Nagaland. One of the objectives of this Institution is to develop and strengthen the quality of nursing education and nursing service in the north eastern region

## About Nursing Service, CIHSR

CIHSR is providing health care to north east region with bed strength of 150. Nurses working in the Institution strive to provide quality care to all the patients irrespective of the caste, creed and religion. Nursing service has got 134 nurses with different categories to render care to outpatients and in patients having integration with nursing education. Some of the nurses are specialized in Oncology, Neonatology, Diabetic Education, Emergency and Trauma and Anesthesia

## Location of CHSR

Christian Institute of Health Sciences and Research is situated at 4th mile Dimapur, Nagaland, just 10 kms away from the Dimapur railway station and 4 kms from the airport.

## Introduction

*"The first little smile, the first little tears shed; brings enormous joy; and CHALLENGES too!"*

Newborn care is of immense importance as there is a profound physiologic change for a newborn as they get adapted to an extra uterine life. The first 28 days of life, carries the highest risk of mortality per day than any other period during the childhood; however, many of the neonatal mortality and morbidity can be prevented by a simple and prompt intervention. Health care providers play a major role in improving the quality of life of these tender and fragile beings.

## Objectives

- ✓ To understand the concept and components of essential newborn care
- ✓ To develop positive attitude towards practice of newborn care
- ✓ To master specific skills on essential newborn care



## 19<sup>th</sup> April 2018(SEMINAR)

8.00 am- 9.00 am, Registration

9.00 am- 9.30 am, Inaugural Function

Time	Activities
10 - 10.45 am	<b>Physiology of Newborn</b> Dr. Sulanthung Kikon, MD(Paed) Head of Pediatric Department, CIHSR
10.45- 11.30 am	<b>Immediate newborn care</b> Mrs. Ellen Benjamin, MSc(N) Deputy Director Nursing, Head of Neonatology Nursing & OBG Nursing, CMC, Vellore
11.30 - 12.15 Pm	<b>Routine care of newborn</b> Ms. Arhoni Tungoe MSc(N) Assistant Professor, OBG Nursing, CON, CIHSR
<b>12.15-1.15 Pm, Lunch Break</b>	
1.15-2.00 Pm	<b>Minor ailments and home care</b> Ms. Lotus Kikon MSc(N) Assistant Professor, Paediatric Nursing, CON, CIHSR
2-2.30 Pm	<b>Kangaroo mother care</b> Mrs. Ellen Benjamin
2.30-3 Pm	<b>Breastfeeding</b> Mrs. Lalthanzami MSc(N) Associate Professor, Community Health Nursing, CON, CIHSR
3-3.30 Pm	<b>Prevention of neonatal infection</b> Mrs. Worlanso Shimray MSc(N) Nursing Tutor, OBG Nursing, CON, CIHSR
<b>3.30-3.45 Pm, Tea Break</b>	
3.45-4.30Pm	<b>Care of Low birth weight and preterm babies</b> Dr. Jewel John, MD(Paed) Consultant, Paediatric Department, CIHSR
4.30-5.00 Pm	Valedictory Function

## REGISTRATION FORM

### PERSONAL DETAILS

Name: \_\_\_\_\_

Designation: \_\_\_\_\_

Institution: \_\_\_\_\_

Email id: \_\_\_\_\_

Category: Student [ ] Registered Nurses [ ]

Accommodation required: Yes [ ] No [ ]

Food preference: Vegetarian [ ] Non Vegetarian [ ]

### REGISTRATION DETAILS

✓ Registration fee:

	Seminar	Workshop	After 14 <sup>th</sup> April	
Registered nurses	₹500	₹500	Seminar	Workshop
			₹700	₹700
Students	₹250	-	₹350	

- ✓ Seminar is open for both Registered nurses and Nursing students
- ✓ Workshop is limited to 40 Registered nurses only (First come first served)
- ✓ **Last day of Registration. 14<sup>th</sup> April, 2018**
- ✓ Fooding fee: Breakfast . ₹ 50  
Dinner . ₹ 150
- ✓ Accommodation fee . ₹ 250/- day
- ✓ Payment mode: Cash or Demand draft (in favour of CIHSR, College of Nursing payable at Dimapur)

DD. No \_\_\_\_\_

Dated \_\_\_\_\_

Name of the Bank: \_\_\_\_\_

Please, send the above information to...

Mrs. Worlanso A Shimray,  
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Christian Institute of Health Sciences and Research,  
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